

## **Glycolic Peels**

This 20 – 30 minute treatment can be performed on all skin types to immediately brighten dull-looking skin. If you want to reduce or eliminate the appearance of fine lines, wrinkles, acne scarring, and uneven pigmentation, or if you simply want to rejuvenate your skin, glycolic peels are the answer. Many patients have this treatment on the day of an event to give their skin a fresh, healthy glow.

## Microdermabrasion

Microdermabrasion is a simple, convenient procedure which is popular with patients showing early signs of aging and sun damage. It is non-invasive, painless and has no downtime. Microdermabrasion reveals softer, smoother and fresher looking skin and can be used in combination with glycolic peels.

### **Cosmeceuticals**

At Heights Laser Centre we believe in providing patients with the best skin care products to protect and renew their skin from home. During your consultation, our team will recommend a custom approach for your skin. Some of our most popular lines include: SkinCeuticals®, Colorescience®, Skin Medica® and gloMinerals™.

Dr. Perhez Jaffer completed his medical training at the University of British Columbia and subsequently completed a Rotating Internship at the Regina General Hospital. He is licensed by the College of Physicians and Surgeons of British Columbia and he is an active member of the Canadian Medical Association



and British Columbia Medical Association. As well, he is a member of the American Society of Laser Medicine and Surgery. He is recognized as an expert injector of Botox® and Juvederm® by Allergan. He is fully certified in photofacial and skin rejuvenation procedures. His training has involved preceptorships with leading Cosmetic Specialists in North America. He is proud to have been chosen as a physician volunteer at the 2010 Winter Olympic Games in Vancouver. In 2013, Dr. Jaffer completed a one year Diploma in Practical Dermatology with Cardiff University in the United Kingdom.



Monday - Thursday	10:00 am - 6:00 pm
Friday	10:00 am - 7:00 pm
Saturday	by appointment only

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# Perfect Skin Starts Here



At the Heights Laser Centre we used advanced medical and laser technologies to provide fast and effective treatments to restore, improve and maintain your skin's natural and healthy appearance.

All treatments begin with a complimentary consultation.



"Beauty Simply Elevated...
at the Heights"

# **RESTORE & REFINE**



# **REJUVENATE & CLARIFY**

#### **Neuromodulators**

BOTOX Cosmetic® and Xeomin® are products used to temporarily inhibit the muscle from contracting, Say good-bye to your frown lines, forehead lines and crows feet. This non-surgical treatment is safe, virtually painless and has no downtime. The procedure takes only a few minutes, with results lasting 3-4 months.

#### **Facial Fillers**

Heights Laser Centre offers several different semi-permanent facial filler products including Juvederm® and Belotero®. Fillers can smooth out folds and wrinkles giving you a more youthful appearance. Restore facial volume with a cheek enhancement. Create a natural or sensuous look with a mini-lip injection. Love Your Lips™. Results from facial fillers are immediate and treatments take less than one hour. It's your secret. No one will ever know.

## Rejuvenation using eMatrix™

This deep treatment is ideal for those seeking a safe, effective and non-invasive skin resurfacing procedure. Improve acne scars. Brighten your skin and reduce wrinkles. Reduce your pore size and tighten your skin. The eMatrix™ uses bipolar radio frequency waves to stimulate collagen production, reducing wrinkles and other textural concerns.

## Skin Tightening with Sublime™

Non-invasively reduce facial and neck sagging with this collagen enhancing procedure. Restore your jaw line. Reduce your double chin. Sublime™ is a comfortable procedure targeting skin laxity. Reverse the signs of aging without downtime.



**BOTOX® - FROWN LINES** 



**FACIAL FILLER - LIP AUGMENTATION** 



**IPL - ROSACEA / BROWN SPOTS** 



**COOLSCULPTING®** 

#### Laser Hair Removal

The LightSheer® Diode laser is the gold standard in laser hair removal. Laser hair removal is an alternative to depilatories, shaving, threading, tweezing and waxing. Lasers can remove hair faster, more comfortably and more reliably than many other methods. Depending on your own personal needs, most body areas can be treated.

## **Contouring Treatments**

At Heights Laser Centre, you can reduce cellulite and contour your curves with the non-surgical VelaShape II™. The treatment combines bi-polar radiofrequency and infrared light waves to shrink fat cells. Suggested treatment involves six sessions, each spaced one week apart.

# **CoolSculpting**®

The CoolSculpting® fat-freezing procedure is the only FDA-cleared, non-surgical fat-reduction treatment that uses controlled cooling to eliminate stubborn fat that resists all efforts through diet and exercise. The results are proven, noticeable, and lasting—so you'll look great from every angle.

## **Intense Pulse Light (Photorejuvenation)**

IPL™ is a light-based, non-invasive therapy that rejuvenates sun damaged skin. Reduce age spots on your face, chest and hands. Reduce facial redness and pigmentation. IPL is the treatment of choice for rosacea. Improve your skin tone, pore size and complexion. Look younger with brighter skin.

